

## *A Helping Hand*

*In the screen-print sessions I noticed one person, who showed an enormous high interest in the Koru patterns. One lady had trained herself for weeks and developed great skills. Her artwork was immaculate and after a while her interest and passion was affecting other service users, who all followed into her footsteps. Screen-printing Koru patterns was the highlight of every day!*

*A small group of ladies went to collect bags of donated clothing from the "Red Cross".*

*Back at the centre the garments were hand-printed with a variety of different Koru patterns. Some ladies started printing small bags, some hand-painted greetings cards, and some were participating in making wall hangers, and murals.*

*Rubbish bags were filled with 'Koru printed' garments and donated at the Women Refuge Centre.*

*The feeling of great satisfaction was achieved, just by giving these Koru prints to women, who had to leave everything behind and received so much love through the gifts of the service users at Progress to Health.*

*The beautiful hand-printed Korus also have given an enormous upliftment in their already tormented lives.*

*The women in the group felt awesome to be able to contribute in such a magnificent and wonderful way!*



*Submitted by: F Klein*